

OCULAR WELLNESS QUESTIONNAIRE

At Northeast EyeCare, we are committed to diagnosing and treating conditions that provide our patients with the best vision and eye health possible, for a lifetime. Please complete the questions below which will help us learn more about your vision, eye coordination and eye health.

Name: _____

How FREQUENTLY do you experience the following dry eye symptoms?	Never (0)	Sometimes (1)	Often (2)	Constant (3)
Dryness, Grittiness or Scratchiness				
Soreness or Irritation				
Burning or Watering				
Eye Fatigue				

How SEVERE are your dry eye symptoms?	No Problems (0)	Tolerable - not perfect but not uncomfortable (1)	Uncomfortable - irritating but does not interfere with my day (2)	Bothersome - irritating and interferes with my day (3)	Intolerable - unable to perform my daily tasks (4)
Dryness, Grittiness or Scratchiness					
Soreness or Irritation					
Burning or Watering					
Eye Fatigue					

WHEN have you experienced these symptoms?

- Today
- Within the past 72 hours
- Within the past 3 months

For office use only

Total score (Frequency + Severity)

_____ / 28

1-5 Mild, 6-10 Moderate, 11-28 Severe

Check the box to the right corresponding to your symptoms:	Never	Rarely	Sometimes	Very Often	Always
How often do you experience headaches?					
How often do you experience stiffness or pain in neck/shoulders?					
How often do you experience discomfort with computer use?					
How often do you experience eyestrain?					
How often do you experience a dry eye sensation?					
How often do you experience light sensitivity?					
How often do you experience motion sickness?					

Northeast Eye Care is proud to bring the very latest, state-of-the-art technology when caring for your eyes. We'd like to share information about four of the latest, most beneficial technologies that are available during your visit today.

OptoMap High Definition Digital Retinal Imaging

The Optos instrument quickly scans the retina to capture a 200-degree view of the retina, creating a digital photograph, stored permanently in your medical record, which is a helpful tool when monitoring for change or progression. The image allows your doctor to gather information beyond what is performed in your routine exam, and in some cases, the OptoMap allows the patient to avoid pupil dilation (though we do not guarantee). There is an additional \$35 fee for the doctor to review the photo findings as this is not covered by insurance.



NeuroLens

The way we use our eyes continues to evolve with at least two-thirds of us experiencing eye misalignment causing headaches, eye strain, eye fatigue, neck pain and motion sickness. NeuroLens screening accurately measures for eye misalignment and if detected, your doctor will prescribe NeuroLens to treat the problem and bring eyes into alignment. Our specialized binocular vision assessment addresses even small misalignments to improve the visual comfort and efficiency for our patients.

Topcon CA-800 Analyzer

This instrument collects information that provides an in-depth evaluation of the front surface of the eye. The CA-800 also images the meibomian glands in the eyelids, often pointing to a leading cause of ocular surface disease or dry eye symptoms. The scan is immensely helpful for patients who have blurred vision, eye fatigue, astigmatism, keratoconus, dry eye symptoms or who are being fit in contact lenses.



AdaptDx Pro

According to a study published in JAMA Ophthalmology, 25% of adult macular degeneration (AMD) cases go undetected and 78% of patients do not seek treatment until their vision is irreversibly damaged in one eye. With the AdaptDx Pro we aim to detect signs of AMD years before structural and functional changes, opening the door to prevention and provide a tool to monitor progression when disease is present.